### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person * Sanders Steven Andrew				2. Issuer Name and Ticker or Trading Symbol Avalon GloboCare Corp. [AVCO]						5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) (First) (Middle) C/O AVALON GLOBOCARE CORP.,, 4400 ROUTE 9, SUITE 3100			3. Date of Earliest Transaction (Month/Day/Year) 02/25/2020						-	Officer (give title below) Other (specify below)							
(Street) FREEHOLD,, NJ 07728			4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line)  X_Form filed by One Reporting Person  Form filed by More than One Reporting Person							
(Cit		(State)	(Zip)			7	Γable	I - Non	-Deriva	ative Securitie	es Acquir	red, D	Disposed (	of, or Benef	icially Owned	ı	
1.Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Ye.		2A. Deemed Execution Date, if any (Month/Day/Year)		Date, if	(Instr. 8)		(A)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)					. (	Ownership of orm:	. Nature f Indirect eneficial		
							Со	ode ,	V An	(A) or (D)	Price	, ,					Instr. 4)
Reminder:	Report on a s	separate line for each	n class of securities b	peneficia	lly ow	vned dir	ectly	Pe in	rsons this fo	who respond orm are not re tly valid OME	equired	to re	spond ι				474 (9-02)
			Table II							ed of, or Bene vertible securi		Owne	d				
	2. Conversion or Exercise Price of Derivative Security			Transaction of Deri Code Securit (Instr. 8) Acquir or Disp of (D)		Securition Acquire or Dispos of (D) (Instr. 3	Expiration (Month/D sposed 3, 4,		ion Da	n Date of Sey/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Form of Derivative Security: Direct (D) or Indirect (I)	(Instr. 4)
				Code	V	(A)	(D)	Date Exercis	able	Expiration Date	Title		Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Stock Option	\$ 1.52	02/25/2020		A	8	80,000		02/25	/2020	02/25/2020	Comr Stoc \$.00 par va	ck, 01	80,000	\$ 1.52	80,000	D	
Stock Option	\$ 2.75							01/01	/2019	12/31/2023	Stoc \$.00 par va	ck, 01	50,000		50,000	D	
Stock Option	\$ 2.8							07/30	/2018	07/29/2023	Stoc \$.00 par va	ck, 01	20,000		20,000	D	

#### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Sanders Steven Andrew C/O AVALON GLOBOCARE CORP., 4400 ROUTE 9, SUITE 3100 FREEHOLD., NJ 07728	X					

#### **Signatures**

/s/ Steven Sanders	02/25/2020
	,

**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (  $\bf{1}$ ) The stock options vest over one year in equal quarterly installments.

 $Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, {\it see} \ Instruction 6 for procedure. \\$ 

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.